

Thrive

Beyond Birth

SUPPORT GROUP

**Emotional support. Connection.
Wellness Tips for Mind & Body.**



For: Moms (0–12 months postpartum)

Location: HopeTree Counseling
3326 Aspen Grove Dr. Unit 275 Building B
Franklin, TN 37067
(Virtual Option Available)

When: Every Tuesday, September 2025

Time: 5:00 PM to 6:00 PM

Cost: \$40 per session
(Scholarships available)

LED BY LAURA LESLIE, MMFT & MOM

EMAIL TO REGISTER : LAURAL@HOPETREECOUNSELING.COM