



**HOPETREE**  
COUNSELING, LLC

HopeTreeCounseling.com

(615) 538-0636

In Franklin & Brentwood,  
Tennessee



Helpful for kids struggling with:

- Anxiety, Depression or Grief
- Abuse recovery
- Bullying
- Behavior issues
- Changes in the family
- Reaching developmental milestones
- Identity issues
- Attachment issues to parents
- Exposure to trauma or violence

# Play Therapy

## Now accepting clients ages 3 & up



**Play is the universal language.**

The Play therapist, using specific play therapy theories and techniques, helps the child access, process and regulate emotions, communicate through problems, enhance social relationships, build resilience & manage their behavior to achieve optimal growth & development.

**“In the play therapy experience, toys are like the child’s words, and play is the child’s language.” -Garry Landreth, Researcher & Author**